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Hancock County Schools HCMS Breakfast & Lunch Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| Week #1 ▲ | Tyson Drumstick OR Pork Chop Patty w/Bread Slice Mashed Potatoes & Gravy Green Beans Fruit ➤PBJ Pack / Fiesta Pack | Hornet Dog on Bun OR Corn Dog Chips Baked Beans Mac & Cheese Fruit ➤Snack Pack / Lunch Pack | Seasonal Soup Grilled Cheese Fresh Side Salad Cooked Carrots Crackers Pickle Spear Fruit ➤PB&J Pack / Deli Pack | Taco Salad (Chips/Wrap) Lettuce / Salsa / Cheese Black Beans Sour Cream Corn Fruit ➤Deli Pack / Lunch Pack | Bosco Sticks with Marinara Sauce OR Calzones Fresh Side Salad Vegetable Medley Fruit ➤Snack Pack/Fiesta Pack |
| Week #2 ● | Tyson Chicken Patty OR Asian Chicken Asian Rice Steamed Broccoli Fruit Cookie ➤PB&J Pack / Fiesta Pack | Tyson Chicken Nuggets Cheesy Potatoes Green Beans Dinner Roll w/ Cinnamon Margerine Fruit ➤Snack Pack / Lunch Pack | Chicken Fettuccini Alfredo Breadstick Fresh Side Salad Vegetable Medley Fruit ➤PBJ Pack / Deli Pack | Hamburger / Cheeseburger Tomato Slices / Lettuce Pickles / Onions French Fries Baked Beans Fruit ➤Deli Pack/Lunch Pack | Chicken Strip OR Fish Sticks Potato Wedges Cole Slaw Frozen Slushie ➤Snack Pack/Fiesta Pack |
| Week #3 ■ | Baked Potato Bar w/ Diced Ham / Cheese Sour Cream / Broccoli & Cheese / Margarine & Breadstick Fruit ➤PB&J Pack / Fiesta Pack | BBQ Rib Sandwich Tater Tots Veggie Cup w/Dip Fruit ➤Snack Pack / Lunch Pack | Spaghetti w/Meat Sauce Breadstick w/Cheese Fresh Side Salad Vegetable Fruit ➤PB&J Pack / Deli Pack | Pot Roast Potatoes Peas Dinner Roll w/Cinnamon Margerine Fruit ➤Deli Pack / Lunch Pack | Pizza to the Max Fresh Side Salad Corn Fruit Pudding ➤Snack Pack / Fiesta Pack |

Grab-N-Go Alternatives

- * PBJ Pack: Smuckers Uncrustables®, Chips, Carrots, Fruit
- * Fiesta Pack: Tostitos Scoops®, 2 Mozzarella String Cheese, Salsa Cup, Fruit
- * Snack Pack: Yogurt Cup, 1 String Cheese, Soft Pretzel, Carrots, Fruit
- * Lunch Pack-Ham & Cheese Sandwich, Cheetos®, Pickle, Fruit
- * Deli Pack: Turkey & Cheese Sandwich, Doritos®, Pickle, Fruit
- * Chicken Entree Salad, Fruit
- * Ham Entree Salad, Fruit
- * Vegetarian Entree Salad, Fruit



Breakfast Menu - NEW Options for the Most Important Meal of the Day!

| | | | | | |
|---|-------------------------------------------|------------------------------------------|----------------------------------------|-----------------------------------------|------------------------------------------|
| ★ | Bosco Breakfast Stick & Fruit | RICH'S Glazed Donut & Fruit | Chicken Sticks w/ Toast & Hashbrown | Monte Cristo & Fruit | Chicken Biscuit & Fruit |
| ◇ | French Toast Sticks w/Syrup & Fruit | Donut Holes & Fruit | Biscuit & Gravy & Fruit | Ham, Egg & Cheese Biscuit & Fruit | Sausage Pancake on a Stick & Fruit |

2018-19

SCHOOL YEAR

JANUARY-
MAY

Did you know by visiting myschoolbucks.com for student account payment options you could see what your student eats each day and sign up to get low balance emails? Call your student's school or the Central Office at (270-927-6914) to get your child's student ID# and enroll in My School Bucks today!



B = Breakfast / L=Lunch

Child Nutrition Office Notes:

Menus are subject to change due to availability or circumstances beyond our control.

All meals include a choice of: flavored & white skim milk, 1% white or vanilla milk and 100% fruit juice.

Lunch includes the following meal components: Meat/ Meat Alternative (cheese), Grains, Fruits, Vegetables and Milk. Students may decline up to 2 of the meal components, but must select a fruit or vegetable serving with a meal. If a child chooses less than 3 components, they will be charged for each individual item at a la carte pricing, causing you to pay more and possibly not receive a free meal.

Free and Reduced Price Meal Benefit:

Anyone can submit an application by going to www.hancock.kyschools.us and clicking the Free/Reduced Price Meal Application link under Quick Links. A household of 4 making \$893/week or less can qualify for Reduced Price or even Free meals. Online applications can be processed much more quickly than paper ones, but HCPS accepts either. Also, if any child in the household receives meals as a result of SNAP, KTAP or MEDICAID, all children may be eligible for Free meals. If you have any questions, please call 270-927-6914.

WOW!!! Our students have 5+ entrée' options at breakfast and 6 or 7 entrée' options at lunch to better meet their needs.

Check out the new Federally mandated 18-19 pricing schedule below.

| Breakfast Prices | Daily | Weekly |
|-----------------------------------------|--------|---------|
| All Students - Full Pay | \$1.40 | \$7.00 |
| Students - Reduced | \$0.30 | \$1.50 |
| Adults / Visitors | \$1.85 | \$9.25 |
| Lunch Prices | Daily | Weekly |
| Students - Reduced | \$0.40 | \$2.00 |
| Elementary & Middle Students - Full Pay | \$2.10 | \$10.50 |
| High School Students - Full Pay | \$2.35 | \$11.75 |
| Adults / Visitors | \$3.00 | \$15.00 |

A variety of cereal choices, Pop-Tarts®, muffins, and mini donuts are offered as a daily alternative.



January 2019

| B | L | M | T | W | T | F |
|---|---|----|----|----|----|----|
| ★ | ▲ | | 1 | 2 | 3 | 4 |
| ◇ | ● | 7 | 8 | 9 | 10 | 11 |
| ★ | ■ | 14 | 15 | 16 | 17 | 18 |
| ◇ | ▲ | 21 | 22 | 23 | 24 | 25 |
| ★ | ● | 28 | 29 | 30 | 31 | |

February 2019

| B | L | M | T | W | T | F |
|---|---|----|----|----|----|----|
| ★ | ● | | | | | 1 |
| ◇ | ■ | 4 | 5 | 6 | 7 | 8 |
| ★ | ▲ | 11 | 12 | 13 | 14 | 15 |
| ◇ | ● | 18 | 19 | 20 | 21 | 22 |
| ★ | ■ | 25 | 26 | 27 | 28 | |

March 2019

| B | L | M | T | W | T | F |
|---|---|----|----|----|----|----|
| ★ | ■ | | | | | 1 |
| ◇ | ▲ | 4 | 5 | 6 | 7 | 8 |
| ★ | ● | 11 | 12 | 13 | 14 | 15 |
| ◇ | ■ | 18 | 19 | 20 | 21 | 22 |
| ★ | ▲ | 25 | 26 | 27 | 28 | 29 |

April 2019

| B | L | M | T | W | T | F |
|---|---|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| ◇ | ● | 8 | 9 | 10 | 11 | 12 |
| ★ | ■ | 15 | 16 | 17 | 18 | 19 |
| ◇ | ▲ | 22 | 23 | 24 | 25 | 26 |
| ★ | ● | 29 | 30 | | | |

May 2019

| B | L | M | T | W | T | F |
|---|---|----|----|----|----|----|
| ★ | ● | | | 1 | 2 | 3 |
| ◇ | ■ | 6 | 7 | 8 | 9 | 10 |
| ★ | ▲ | 13 | 14 | 15 | 16 | 17 |
| ◇ | ● | 20 | 21 | 22 | 23 | 24 |
| ★ | ■ | 27 | 28 | 29 | 30 | 31 |



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