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Hancock County Schools

NHES Mustang Menus

	Monday	Tuesday	Wednesday	Thursday	Friday
Week #1 ▲	Fritos Chili Cheese Fritos OR Crispito Lettuce Ribbons Shredded Cheese / Salsa / Pinto Beans Sour Cream Fruit and Cookie >PB&J Pack / Fiesta Pack	Ball Park Hot Dog on Bun OR Corn Dog Spudsters Baked Beans Fruit >Snack Pack / Lunch Pack	Tyson Chicken Leg OR Pork Chop Patty Mash.Potatoes & Gravy Green Beans Dinner Roll w/Butter Fruit >PBJ Pack / Deli Pack	Hamburger / Cheeseburger OR Sloppy Joe Onion/Lettuce/Pickles Tomatoes, French Fries Baked Beans Fruit >Deli Pack / Lunch Pack	Bosco Sticks with Marinara Sauce OR Meatball Sub Fresh Side Salad Carrots Fruit / Slushie >Snack Pack / Fiesta Pack
Week #2 ●	Popcorn Chicken OR BBQ Rib Sandwich French Fries Peas Fruit >PB&J Pack / Fiesta Pack	Taco Salad OR Chicken Fajita Lettuce/Diced Tomato/ Cheese/Salsa Sour Cream Beans Fruit >Snack Pack / Lunch Pack	Pot Roast OR Chicken Patty Mashed Potatoes Peas Dinner Roll w/Butter Fruit >PBJ Pack / Deli Pack	 Pizza to the Max Fresh Side Salad Corn Fruit >Deli Pack / Lunch Pack	Tyson Chicken Nuggets OR Fish Sticks Mac & Cheese Peas w/Bread Slice Fruit >Snack Pack / Fiesta Pack
Week #3 ■	Chili OR Chicken Noodle Soup Cheese Bread Peas Fruit >PB&J / Fiesta Pack	Tuna OR Grilled Cheese OR Ham & Cheese Sandwich Chips & Pickle Spears Baked Beans Fruit >Snack Pack / Lunch Pack	Tyson Chicken tenders w/ Bread Slice Potato Wedges Veggie Cup Fruit Pudding >PBJ Pack / Deli Pack	North's Nachos Lettuce / Salsa Beans / Corn Sour Cream Fruit >Deli Pack / Lunch Pack	 Pizza to the Max Fresh Side Salad Corn Fruit >Snack Pack / Fiesta Pack

Grab-N-Go Alternatives

- > PBJ Pack: Smuckers Uncrustables®, Chips, Carrots, Fruit
 - > Fiesta Pack: Tostitos Scoops®, 2 Mozzarella String Cheese, Salsa Cup, Fruit
 - > Snack Pack: Yogurt Cup, 1 String Cheese, Soft Pretzel, Carrots, Fruit
 - > Lunch Pack-Ham & Cheese Sandwich, Cheetos®, Pickle, Fruit
 - > Deli Pack: Turkey & Cheese Sandwich, Doritos® Pickle, Fruit
 - > Chicken Entree Salad, Fruit
 - > Ham Entree Salad, Fruit
 - > Vegetarian Entree Salad, Fruit
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Breakfast Menu (National School Breakfast Week is March 4-8, 2019.)

★	Chicken OR Sausage Biscuit & Fruit	French Toast Stix w/Syrup & Fruit	Biscuit & Gravy & Fruit	Chicken Dippers w/Toast & Fruit	RICH'S Glazed Donut & Fruit
◆	Tony's Breakfast Pizza & Fruit	Dutch Waffle & Fruit	Pancake'N Sausage on a Stick w/Syrup & Fruit	RICH'S Glazed Donut & Fruit	Monte Cristo & Hashbrown

2018-19 SCHOOL YEAR

JANUARY- MAY

Did you know by visiting myschoolbucks.com for student account payment options you could see what your student eats each day and sign up to get low balance emails? Call your student's school or the Central Office at 270-927-6914 to get your child's student ID# and enroll in My School Bucks today!



Child Nutrition Services

Menus are subject to change due to availability or circumstances beyond our control.

All meals include a choice of: flavored & white skim milk, 1% white milk and 100% fruit juice.

Lunch includes 5 components: Meat/ Meat Alternative, Grains, Fruits, Vegetables and Milk. Students may decline up to 2 of the meal components, but must select a fruit or vegetable serving with a meal. If a student chooses less than 3 components, they will be charged for each at a la carte pricing causing you to pay more and possibly not receive a free meal if eligible.


WOW! Our students have 7+ entrée options for breakfast and 6 or 7 entrée options at lunch every day to meet their needs!

Free and Reduced Price Meal Benefit:

Anyone can submit an application by going to www.hancock.kyschools.us and clicking the Free/Reduced Price Meal Application link under Quick Links. A household of 4 making \$893/week or less can qualify for Reduced Price or even Free meals. Online applications can be processed much more quickly than paper ones, but HCPS accepts either. Also, if any child in the household receives meals as a result of SNAP, KTAP or MEDICAID, all children may be eligible for Free meals. If you have any questions, please call 270-927-6914.

Breakfast Prices	Daily	Weekly
All Students - Full Pay	\$1.40	\$7.00
Students - Reduced	\$0.30	\$1.50
Adults / Visitors	\$1.85	\$9.25
Lunch Prices	Daily	Weekly
Students - Reduced	\$0.40	\$2.00
Elementary & Middle Students - Full Pay	\$2.10	\$10.50
High School Students - Full Pay	\$2.35	\$11.75
Adults / Visitors	\$3.00	\$15.00
<i>New Federally-mandated 18-19 meal pricing highlighted in bold.</i>		

Daily Breakfast Alternatives: cereal variety, Pop-Tarts®, muffins, mini donuts, and/or breakfast sliders.



B=BREAKFAST / L=LUNCH

January 2019

B	L	M	T	W	T	F
★	▲		1	2	3	4
◆	●	7	8	9	10	11
★	■	14	15	16	17	18
◆	▲	21	22	23	24	25
★	●	28	29	30	31	

February 2019

B	L	M	T	W	T	F
★	●					1
◆	■	4	5	6	7	8
★	▲	11	12	13	14	15
◆	●	18	19	20	21	22
★	■	25	26	27	28	

March 2019

B	L	M	T	W	T	F
★	■					1
◆	▲	4	5	6	7	8
★	●	11	12	13	14	15
◆	■	18	19	20	21	22
★	▲	25	26	27	28	29

April 2019

B	L	M	T	W	T	F
		1	2	3	4	5
◆	●	8	9	10	11	12
★	■	15	16	17	18	19
◆	▲	22	23	24	25	26
★	●	29	30			

May 2019

B	L	M	T	W	T	F
★	●			1	2	3
◆	■	6	7	8	9	10
★	▲	13	14	15	16	17
◆	●	20	21	22	23	24
★	■	27	28	29	30	31



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