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Hancock County Schools

SHES Breakfast & Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week #1 ▲	 Chili Cheese Fritos Cheese Sour Cream Fruit and Cookie	Hot Dog on Bun OR Corn Dog Tater Wedges Baked Beans Fruit	 Chicken Leg OR Pork Chop Patty Potatoes Green Beans Biscuit w/Butter Fruit	Hamburger / Cheese- burger OR BBQ Rib Sandwich Veggie Cup/ French Fries Fruit	 Pizza to the Max Fresh Side Salad Corn Fruit
<i>Build your own Grab 'N Go-see below</i>					

Week #2 ●	Chicken Pollo Loco OR Taco Wedges Tortilla Chips / Wrap Rice / Refried Beans Salsa / Sour Cream Fruit & Pudding	Baked Potato Bar Ham / Cheese Broccoli / Sour Cream / Butter Breadstick Fresh Side Salad Fruit	 Chicken Tenders OR Fish Sticks Mac & Cheese Slaw Pinto Beans Fruit	Chicken Noodle Soup OR Cheeseburger Macaroni Peas Cheesy Bread Fruit	Nachos OR Cheese Quesadilla Lettuce / Salsa Beans Corn Sour Cream Fruit
<i>Build your own Grab 'N Go-see below</i>					

Week #3 ■	Hamburger / Cheese- burger OR Sloppy Joe Onion/Lettuce/Pickles Tomato, French Fries Fruit	Tuna Sub OR Grilled Cheese Sandwich Chips & Pickle Spears Baked Beans Fruit Cookie	 Pot Roast OR Chicken Patty Mashed Potatoes Peas Dinner Roll w/Butter Fruit	Popcorn Chicken OR Meatball Sub French Fries Veggie Cup Fruit	 Pizza to the Max Fresh Side Salad Corn Fruit
<i>Build your own Grab 'N Go-see below</i>					

Build Your Own Grab 'N Go:

Sandwich Choice: PB&J Uncrustable Turkey & Cheese Sub Ham & Cheese Sub Cheese Quesadilla Italian Sub	 	Chips: Doritos Cheetos Ruffles Scoops	Veggie: Pickle Spear Carrots Salsa Cup Pepper Rings	Fruit: Apple Banana Applesauce Peach Cup Strawberry Cup
Condiments: Ketchup, Mustard, Salad Dressing, Ranch				



Salad Offerings:

Chicken Entrée Salad
Ham Entrée Salad
Veggie Entrée Salad



Breakfast Menu

★	Sausage Biscuit & Hash Brown	Biscuit & Gravy & Fruit	Chicken Dippers w/Toast & Fruit	French Toast Sticks w/Syrup & Fruit	 Glazed Donut & Fruit
◆	Egg, Cheese, & Canadian Bacon Sandwich & Hash Brown	Pancakes w/Syrup & Fruit	Scrambled Egg w/Toast & Hash Brown	Pancake'N Sausage on a Stick w/Syrup & Fruit	 Glazed Donut & Fruit

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2018-19
SCHOOL YEAR

REVISED
3/18/19

Did you know by visiting myschoolbucks.com for student account payment options you could see what your student eats each day and sign up to get low balance emails? Call your student's school or the Central Office at 270-927-6914 to get your child's student ID# and enroll in My School Bucks today!



Child Nutrition Services

Menus are subject to change due to availability or circumstances beyond our control.

All meals include a choice of: flavored & white skim milk, 1% white milk and 100% fruit juice.

Lunch includes 5 components: Meat/ Meat Alternative, Grains, Fruits, Vegetables and Milk. Students may decline up to 2 of the meal components, but must select a fruit or vegetable serving with a meal. If a student chooses less than 3 components at lunch or less than 2 at breakfast, they will be charged for each at a la carte pricing causing you to pay more and possibly not receive a free meal if eligible.

Now serving After School Suppers Monday-Friday from 3-3:30 to anyone 18 or under when school is in session!!!

Free & Reduced Price Meal Benefits:

You may submit an application by going to www.hancock.kyschools.us and clicking the Free/Reduced Price Meal Application link under Quick Links. A household of 4 making \$893/week or less can qualify for Reduced or even Free meals. Online applications can be processed much more quickly than paper applications, but HCPS accepts either form. Also, if any child in the household is receiving **SNAP, KTAP or Medicaid** all children in the household are eligible for Free meals as long as we are notified. If you have any questions, please call Food Service at 270-927-6914.

Breakfast Prices	Daily	Weekly
All Students - Full Pay	\$1.40	\$7.00
Students - Reduced	\$0.30	\$1.50
Adults / Visitors	\$1.85	\$9.25
Lunch Prices	Daily	Weekly
Students - Reduced	\$0.40	\$2.00
Elementary & Middle Students - Full Pay	\$2.10	\$10.50
High School Students - Full Pay	\$2.35	\$11.75
Adults / Visitors	\$3.00	\$15.00
<i>New 2018-19 Federally-mandated meal pricing highlighted in bold.</i>		



Daily Breakfast Alternatives: cereal variety, Pop-Tarts®, muffins, donut holes, or mini donuts.



B=BREAKFAST / L=LUNCH

January 2019						
B	L	M	T	W	T	F
★	◆			1	2	3
★	◆	7	8	9	10	11
★	◆	14	15	16	17	18
★	◆	21	22	23	24	25
★	◆	28	29	30	31	

February 2019						
B	L	M	T	W	T	F
★	◆					4
★	◆	4	5	6	7	8
★	◆	11	12	13	14	15
★	◆	18	19	20	21	22
★	◆	25	26	27	28	

March 2019						
B	L	M	T	W	T	F
★	◆					1
★	◆	4	5	6	7	8
★	◆	11	12	13	14	15
★	◆	18	19	20	21	22
★	◆	25	26	27	28	29

April 2019						
B	L	M	T	W	T	F
★	◆					
★	◆	1	2	3	4	5
★	◆	8	9	10	11	12
★	◆	15	16	17	18	19
★	◆	22	23	24	25	26
★	◆	29	30			

May 2019						
B	L	M	T	W	T	F
★	◆				1	2
★	◆	6	7	8	9	10
★	◆	13	14	15	16	17
★	◆	20	21	22	23	24
★	◆	27	28	29	30	31

As we try to best serve our customers each day, our students have 6 options for breakfast and 6 or 7 options for lunch.