

South Hancock Elementary School Lunch & Breakfast Menu

Effective January 3, 2023

2022 - 2023 School Year

Help us celebrate National School Breakfast Week March 6-10!

Southern Star Cafe										
LUNCH - Week 1										
Monday	Corn Dog OR Hot Dog on Bun	Tuesday	Breakfast for Lunch	Wednesday	Chicken, Queso Cheese & Rice OR Cheese Quesadilla	Thursday	Boneless Wings	Friday	Grilled Cheese OR Meatball Sub	Serving Dates: Jan. 3-6, 23-27 Feb. 13-17 March 6-10, 27-31 April 24-28 May 15, 17-29
	Fries		Sausage Patty		Salsa, Beans, Chips		Fries		Baked Beans	
	Carrots & Dip		Hashbrowns		Fruit/Juice Choice		Broccoli & Cheese		Chips	
	Fruit		Biscuit & Gravy		Milk Choice		Dinner Roll		Fruit/Juice Choice	
	Milk Choice		Fruit		Milk Choice		Fruit		Milk Choice	

LUNCH - Week 2										
Monday	Hamburger OR Cheeseburger on Bun , Fries, Pickles, Veggie Cup, Fruit / Milk Choice	Tuesday	Nachos OR Tacos Tortilla Chips, Beans, Salsa & Toppings, Fruit / Juice Choice, Dessert, Milk Choice	Wednesday	WG Chicken Leg Mashed Potatoes, Green Beans, Dinner Roll, Fruit, Milk Choice	Thursday	Spaghetti OR Alfredo w/Noodles Cheese Cup, Fresh Side Salad, Bread, Juice Choice, Fruit / Milk Choice	Friday	WG "Square" Pizza Fresh Side Salad, Corn, Fruit, Milk Choice	Serving Dates: Jan. 9-13, 30-31 Feb. 1-3, 21-24 March 13-17 April 10-14 May 1-5, 22-23

LUNCH - Week 3										
Monday	Chili OR Chicken Noodle Soup , Cheesy Bread, Carrots, Fruit/Juice Choice, Milk Choice	Tuesday	Hamburger OR Cheeseburger on Bun , Fries, Pickles, Veggie Cup, Fruit / Milk Choice	Wednesday	WG Chicken Patty Mashed Potatoes, Mac & Cheese, Peas, Fruit, Milk Choice	Thursday	WG "Square" Pizza Fresh Side Salad, Corn, Fruit, Milk Choice	Friday	Chili Cheese Fritos OR Calzone Fritos, Cheese Cup, Veggie Cup, Sour Cream, Cookie, Fruit/Juice Choice, Milk	Serving Dates: Jan. 17-20 Feb. 6-10, 27-28 March 1-3, 20-24 April 17-21 May 8-12

ALL MENUS SUBJECT TO AVAILABILITY. Thank you for your patience as we experience supply chain issues.

Grab 'N Go/Box Lunches Available DAILY: PB&J Bag, Chicken Nuggets Bag, Cereal & Yogurt Bag, Entree' Salad Variety, Charcuterie Box, or a "Build Your Own Pizza" Box

BREAKFAST - WEEK #1										
Monday	WG Pancakes Fruit, Juice Choice, Milk Choice	Tuesday	WG French Toast Sticks Fruit, Juice Choice, Milk Choice	Wednesday	Sausage Biscuit Fruit, Juice Choice, Milk Choice	Thursday	Scrambled Eggs & Toast Fruit, Juice Choice, Milk Choice	Friday	WG Glazed Donut Fruit, Juice Choice, Milk Choice	Serving Dates: Jan. 3-6, 23-27 Feb. 13-17 March 6-10, 27-31 April 24-28 May 15, 17-29

BREAKFAST - WEEK #2										
Monday	WG Dutch Waffle Fruit, Juice Choice, Milk Choice	Tuesday	WG Pop-Tart Fruit, Juice Choice, Milk Choice	Wednesday	Biscuit & Gravy Fruit, Juice Choice, Milk Choice	Thursday	Yogurt Parfait Fruit, Juice Choice, Milk Choice	Friday	WG Glazed Donut Fruit, Juice Choice, Milk Choice	Serving Dates: Jan. 9-13, 30-31 Feb. 1-3, 21-24 March 13-17 April 10-14 May 1-5, 22-23

BREAKFAST - WEEK #3										
Monday	Breakfast Biscuit Sandwich Fruit, Juice Choice, Milk Choice	Tuesday	WG Breakfast Pizza Fruit, Juice Choice, Milk Choice	Wednesday	Chicken Dippers WG Toast/Gravy Fruit, Juice Choice, Milk Choice	Thursday	WG Waffles Fruit, Juice Choice, Milk Choice	Friday	WG Glazed Donut Fruit, Juice Choice, Milk Choice	Serving Dates: Jan. 17-20 Feb. 6-10, 27-28 March 1-3, 20-24 April 17-21 May 8-12

This institution is an equal opportunity provider.



Meal Prices	
Lunch	
Students-Full Pay	\$2.10
Students-Reduced	\$0.40
Adults/Visitors	\$3.00
Adults/Visitors, eff. 12/1/22	\$3.75

Meal Prices	
Breakfast	
Students-Full Pay	\$1.40
Students-Reduced	\$0.30
Adults/Visitors	\$1.85
Adults/Visitors, eff. 12/1/22	\$2.25

You may put money in your child's meal account by going to your **Parent Portal** account where you completed Online Registration and using a debit/credit card. Of course, you can also send a check made out to Food Service or cash with your child at any time.

For a COMPLETE LUNCH:
Take a Vegetable or Fruit and at least 2 more from the Main Entree', Bread, Juice, or Milk Components.

For a COMPLETE BREAKFAST:
Take a Vegetable or Fruit and at least 2 more from the Main Entree, Juice or Milk Components.

Students who do not choose a complete meal will be charged at the individual cost of each item chosen. A FULL MEAL IS A BETTER DEAL!

FREE? Think you might qualify for free or reduced-price meals? Apply today at www.hancock.kyschools.us using your Parent Portal Account under the More & Meal Benefits sections or call your child's school to request a paper application be sent home.

Reach for the sky, South Hancock Stars!!